



**HOW TO GIVE YOUR SKIN**

**ANTI-AGING BENEFITS?**

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**Forever Living Sonya Skincare** Collection products are the Essence of Beauty.

The ingredients in this wonderful collection of facial products include Aloe Vera, Fruit Extracts, White Tea and superior moisturisers which give back to your skin and help rejuvenate and moisturise the skin like never before.

There are 5 fundamental elements to your daily routine with our Skincare range:

Cleanse twice a day with **Aloe Purifying Cleanser**

Exfoliate approximately two times a week with **Aloe Deep-Cleansing Exfoliator**

Tone and freshen twice daily with **Aloe Refreshing Toner**

Apply **Aloe Nourishing Serum** twice daily

Apply **Aloe Balancing Cream** twice daily

We would recommend following this routine daily, and you will notice the difference. Your skin will be able to build a resistance against the stresses that cause the skin to age. The range is

perfect for sensitive skin and suits all skin types. All ages can use this collection of beauty products too. Hypo-allergenic.

**REMEMBER:** THE MORE YOU CARE FOR YOUR SKIN....THE LESS YOU WILL HAVE TO REPAIR IN THE FUTURE!

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